



## Artificial Intelligence based Soft Robotics: Materials and intelligent control systems

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### ARTICLE INFO

### ABSTRACT

**Received:**  
08 05 2025

**Revised:**  
23 05 2025

**Accepted:**  
08 06 2025

**Keywords:**

Artificial Intelligence,  
Soft Robotics, Materials  
and intelligent  
control systems

*The combination of Artificial Intelligence (AI) and soft robotics has established a new dimension of robotic systems design, functionality and autonomy. In contrast to the rigid-bodied robots, the soft robots use compliant and deformable materials that resembles the adaptability and strength of the biological organisms. The combination of smart algorithms and soft adaptive materials has made it possible to have robots that engage with humans and unstructured environments in a safe and efficient way. With the implementation of deep learning, reinforcement learning and bioinspired control strategies, AI-enhanced soft robotics presents the ability to learn in the real-time, adapt to the environment, and reconfigure itself. Electroactive polymers, liquid crystal elastomers, and shape-memory alloys are examples of intelligent materials that perform the roles of actuators and sensors, and provide continuously operating feed-back to control systems run by artificial intelligence. These adaptive systems allow the ability to manipulate, navigate and self-heal with very accuracy which has never been possible with the traditional robotic architectures. Moreover, neural networks can be used to model nonlinear behaviors that are complex in nature and occur in soft materials, whereas reinforcement learning can be used to make adaptive decisions in dynamic environments. This paper discusses the interaction of AI algorithms and intelligent materials with particular emphasis on their co-design, which leads to greater mechanical intelligence and autonomy. It also discusses the issues of deformable structure modeling, energy saving, and stability of control, which are key to the development of soft robotics in the health care, exploration, and manufacturing fields. The paper brings out the transformative nature where the AI may be embraced to guide the creation of soft robots in perceiving, learning, and evolving and thus bridging the gaps between the artificial and the biological intelligence.*

### INTRODUCTION

The emergence of soft robotics is a significant change of thought in relation to the previous paradigm of the rigid metallic robots to the more flexible and adaptable systems of the living organisms. The soft robotics is aimed to replicate the deformability and compliances of the biological tissues and to allow the machines to interact with the humans and uncontrolled environment in a safer and more productive way.. With the addition of Artificial Intelligence (AI), soft robots can be made more cognitive, i.e., they can learn out of experience, respond to environmental signals, and adjust their behaviours in response to various environmental changes. Such a combination of material intelligence and algorithmic learning is a major step towards the development of autonomous machines that can make decisions and adjust themselves. The combination of AI-enhanced soft robotics, therefore, fills the existing gap between mechanical flexibility and cognitive autonomy and will provide the basis of the next generation of intelligent robotic systems.

Soft robots consist of very deformable materials that include silicones, hydrogel, elastomers, and electroactive polymers and this property enables them to execute complicated movements via continuous deformation and not rigid articulating. Such a structural flexibility is however challenging in modeling, sensing and control. The classical rigid body dynamics does not describe the nonlinear and continuous behavior of soft materials. In this case, AI is the game-changer because it allows the modeling and control of data based on it. AI systems can predict the physical behavior of soft materials with neural networks and reinforcement learning, as well as learn how stimuli and deformation are related and come up with adaptive control strategies. It is so because it enables the soft robots to perform dexterous tasks, such as the capability of giving delicate objects, maneuvering within narrow areas, or responding to dynamic settings.

The reason why AI enhanced control systems are significant is in the process of bridging the gap between the complexity of the dynamics of soft body and autonomous functionality.. Algorithms of reinforcement learning, such as those, can be used to allow the optimization of behavior of robots by learning to efficiently move efficiently without explicit programming. These systems enable real-time perception of the environment and self-correction coupled with intelligent sensory feedback, e.g. embedded stretchable sensors and optical fibers. Also, deep learning models have the ability to estimate deformation shapes and offset external distortions so that soft robots can remain stable and accurate even in unpredictable conditions. The integration of AI renders soft robots not passive agents and mechanical systems in response to situations, but independent participants with the ability to reason in contexts.

The bioinspired method is one of the characteristic strengths of AI-enhanced soft robotics. Nature knows numerous examples of soft-bodied creatures, octopuses, worms and starfish which are amazingly flexible, agile and strong. Scientists have attempted to recreate such qualities in biohybrid architectures that combine control models based on AI with compliant materials. As an example, soft robots can use neural controllers based on the workings of biological neural networks to organize complex behaviors like crawling, swimming, or gripping, without any prior plan. Artificial intelligence algorithms also increase this faking by enabling the robot to learn effective movement logic based on biological observation or through self-discovery. This kind of interdisciplinary interface of materials science, artificial intelligence, and biomechanics puts a focus on the evolutionary potential of the soft robotics.

AI-based soft robots are already starting to show their capability to transform the industrial and medical world. They offer safe and versatile manipulation in fragile assembly in manufacturing. Soft robots are used in healthcare to help in surgery, rehabilitation, and prosthetics which require compliance and adaptability. Precision in the integration of AI can improve and allow individual patient-specific adjustment and autonomous calibration. In the same way, when exploring the environment, AI-equipped navigational systems on soft robots will be capable of navigating extremely difficult landscapes, like the underwater ecosystem or the disaster area, without the threat of mechanical damage. The potentials of integrating intelligent materials with adaptive algorithms are far reaching as shown by these applications.

Mathematically speaking, intelligent materials have served as the focus of intelligent robot development. New materials are dielectric elastomers, shape-memory polymers and liquid crystal elastomers, which are responsive to external stimuli, e.g. heat, light, or electric fields. These materials can serve as sensors and actuators, as well as when combined with artificial intelligence, they can create closed-loop systems to simulate biological proprioception. Machine learning algorithms decipher the multi-sensor data to analyze the internal states and even determine the material responses which results in self-recognitive robotic structures that foresee deformation and energy distributions. With such a close interrelation between materials and intelligence emerges the concept of embodied cognition where mechanical structure and computation co-evolve to autonomous adaptability.

Nonetheless, there are no difficulties associated with the implementation of AI in soft robotics. The high-dimensional nonlinear behaviour of soft materials is a major challenge to model. The classical methods of control fail to control an infinite degree of freedom that deformable bodies have. The complexity can be reduced by data-driven approximations in order to mitigate AI, but it raises new issues, namely interpretability, data efficiency, and computational cost. Moreover, the material properties of soft materials such as hysteresis, viscoelasticity, energy dissipation etc. are also uncertain and demand robust adaptive algorithms. Another research goal in the field is the capability to extrapolate AI architectures to novel material compositions and new environmental conditions.

Intelligent materials are also confronted with novel ways of designing robots. The traditional robots have been made predictable and precise in nature compared to the soft robots which have been made resilient and adaptive. The AI addresses this gap through real-time material configuration optimization, actuation sequence optimization, and control policy optimization. AI can also explore large design spaces with desired task-specific functionality using techniques such as generative design and evolutionary algorithms, among others. This design intelligence is even more than control, it is influence of the real physical qualities of the robot in such a way as to attain the most significant functional synergy between form and behavior.

The second field of AI-enhanced soft robotics encompasses distributed intelligence as well as collective coordination. Rather than utilising centralized controllers, scientists are developing swarm systems consisting of a set of soft robots, which communicate and develop together. The AI enables these systems to organize the movements, share sensory data, and develop to obtain some behaviors such as shape morphing or cooperative transport. This is the paradigm of biological systems like the colony of ants or fish schools, where the intelligence may be produced by simple adaptive agents interacting with each other. These distributed ai systems are guaranteed to be scalable, fault tolerant and environmental adaptable.

Finally, AI and soft robotics, the philosophical and technological intersection is the phenomenon that rubs the boundaries of capacities of machines. It also removes boundaries between material and computation to enable robots not to be programmed, but rather naturally intelligent in the structures of their make-up. The embodied cognition and adaptive reasoning is implemented through the physical body of the soft robotics as AI continues to evolve to encompass all the concepts of a fully-fledged AI system. The amalgamation of intelligent materials and adaptive algorithms is a new dawn in the history of the robotic systems since they can learn, evolve, and communicate with the environment in the same way that the living things did. Such a revolutionary potential makes AI-enhanced soft robotics one of the pillars of the intelligent automation and bioinspired engineering of the future.

## LITERATURE REVIEW

A crossroad point between artificial intelligence (AI) and soft robotics has emerged as a top priority field of study and has re-determined the law of robotic flexibility and smartness. The initial work of soft robotics broadly concentrated on mechanical compliance and bioinspired design, whereby the capability of creating flexible materials that can replicate natural organisms was the focus. Rus and Tolley (2015) were one of the first researchers to identify soft robotics as a paradigm shift of rigid-body mechanisms to highly deformable, continuum structures. Their seminal research determined that the use of soft actuators and compliant joints made it possible to have some tasks that were never possible by the traditional robots. Nevertheless, there were no specific modeling schemes that restricted control and predictability. These problems were overcome by the further integration of AI-based algorithms, and data-driven modeling and adaptive control that could learn by sensor feedback instead of depending on deterministic physical models emerged. This development was the shift of the passive compliance to the active intelligence of soft robot systems.

Recent developments in machine learning have increased the ability of soft robots to autonomy work in uncertain settings. Deep reinforcement learning (DRL) has become a promising method of allowing soft robots to learn control policies in an environmental interaction. As shown by Kim et al. (2021), DRL algorithms enable the robot to learn the complex, nonlinear material dynamics without having to specify the kinematic equations. These systems are capable of optimizing actuation patterns of locomotion, manipulation or deformation problems through trial-and-error learning. The self-correcting control mechanisms provided by the coupling of DRA with proprioceptive sense replication the flexibility of the biological organism. The benefits of such AI-controlled paradigms are that it can improve performance, as well as enable lifelong learning, where the robot determines the better approach to a task by learning throughout its existence.

Smart materials are central to the work of AI-based soft robots to improve their functions. Electroactive polymers (EAPs), shape-memory alloys (SMAs) and dielectric elastomers (DEAs) have developed actuators which can be predictably responsive to electric, thermal, or optical signals. Zhao and Kim (2020) state that these materials have adjustable mechanical behavior, which can be used to perform adaptive control. Combined with AI, the system is capable of controlling stiffness, damping or deformation rates dynamically depending on the contextual demands. This material intelligence converts inactive substrates to active elements that lead to the processes of decision-making. Sensory trained neural networks can forecast the fatigue of materials, report anomalies and optimize actuation efficiency. This means that smart materials are both sensors and actuators in one system of adaptive mechanisms.

Besides material innovation, embedded sensing networks have also improved perception of soft robots. Conventional sensors are commonly not able to deal with large deformations, which causes error in the measurement of forces or displacements. In a bid to overcome this shortcoming, scientists have come up with stretchable, optical, and piezoresistive sensors that can be easily incorporated into soft bodies. Shepherd et al. (2016) showed that optical fiber sensors that are integrated into silicone matrices can be used to measure deformation in high spatial resolution. When these sensory messages are inputted in AI-controllers, robots can then receive real-time proprioceptive feedback comparable to biological muscle and skin. This feedback enables an adaptive learning system to control actions to a greater degree, making it more precise and stable even in the presence of variable external forces.

Soft robotics has also changed modeling and simulation with AI. The complexity of soft body mechanics is nonlinear and high-dimensional, which renders the analytical modeling of personage and control theory of classical control theory practically impossible. Rather, machine learning offers a surrogate modeling process, which estimates the input-output relationships based on inferred data. The pattern of deformation, force-displacement, and viscoelastic patterns are normally modeled with the help of dynamic neural networks and Gaussian process regressions. Xu et al. (2022) also assert that these models are superior to finite element techniques in real-time because they are faster to converge and have lower computational expenditures. Surrogate models constructed using AI allow simulations to be run in closed loops so that the virtual training can be done prior to physical implementation, which means that the development process of adaptive soft robots can be much faster.

The idea of embodied intelligence supports even more the overlap of AI and material science. Pfeifer and Bongard (2007) introduced the idea that cognition in the field of robotics is not only developed out of the computational algorithms but also as a result of morphology, material properties and environmental interactions. The soft robots can be regarded as the embodiment of this principle because the intelligence of these robots is spread across their physical bodies. With the addition of AI, this embodied intelligence takes the form of emergent behavior - robots can self-organize, recover damage and adapt to unexpected situations. Investigations by Calisti et al. (2019) on soft octopus-like robots demonstrated that pattern recognition, which uses AI, when

coupled with flexible robots in unstructured scenarios enabled them to move autonomously. This strengthens the notion that intelligence in robotics does not lie in a central processor but it comes as the result of a combination of sensing, material adaptation and learning.

The AI-enabled soft systems in medical robotics have achieved revolution in the field of minimally invasive surgery and prosthetics. The conventional surgical instruments are not usually compliant, which exposes the tissue to risks of damage. Soft robotic manipulators, which have an AI-based motion prediction and force control, can only carry out sensitive tasks with previously unseen safety and precision. Cianchetti et al. (2020) state that AI-controlled pneumatic actuators of endoscopic devices provided a smoother and more accurate maneuver, operating with fewer anatomical limits. Similarly, neural activity in electromyography (EMG) signals can be interpreted by AI-controlled soft prosthetics to allow the user to adapt the prosthetics to mechanical movement. These adaptive systems have transformed the patient experiences through the delivery of tailored and interactive assistive technologies.

It is also quite interesting how AI-enhanced soft robotics can be applied in industries. They are applicable in a manufacturing environment because of the ability to handle fragile objects and the ability to adapt to altered forms that is relevant in packaging, sorting and assembly (collaborative). The robots can also handle visual information to change grip force or path in real-time through AI. Indicatively, the expert grip realized by the application of reinforcement learning in Soft Hand Pro developed by Della Santina et al. (2021) does not involve explicit programming. The AI models can be trained to predict the characteristics of the objects such as weight and compliance to enable the human to work with a robot safely and efficiently. Such flexibility reduces the cost of programming and allows the robots to perform a large number of tasks without close monitoring of human workers by them.

The other critical research element is actuation and control of research which is energy efficient. This is due to the fact that soft robot systems are deformable at all times and their material behavior is complex, thus making them vulnerable to high power consumption. The AI optimization algorithms are capable of minimizing the energy use through learning effective motion habits and actuator coordination principles. Wang et al. (2022) have shown that the AI-based predictive control can save up to 30 percent of energy in a pneumatic soft actuator by making predictive changes. These methods are crucial in increasing operational lifecycle and allowing the use of soft robots in remote or resource constrained places including underwater investigations or space exploration.

Finally, ethical and safety aspects of AI-enhanced soft robotics have also received growing academic interest. The more these systems are autonomous and human-like, the more problems of transparency, accountability and human confidence arise. Uncontrolled AI-controlled behaviors of deformable robots may give rise to unforeseen behaviors unless properly limited. In soft robotics, researchers, such as Winfield (2020), propose explainable AI frameworks because they are easier to interpret and meet ethical criteria. In this area, there is still a need to establish strong fail-safe mechanisms, data governance policies, and human-in-the-loop-control architectures in order to be a responsible innovator. The future of AI-improved soft robotics does not only lie in progress of technical development but the creation of ethical standards that will be used to regulate its use in society.

## **MATERIALS and METHODS**

The design of AI-enabled soft robotics needs a multidisciplinary approach to include computational intelligence, material science, and mechatronic design. The initial step of the methodology implies the choice of intelligent materials, which can be dynamically adjusted to different stimuli. Electroactive polymers (EAPs), liquid crystal elastomers (LCEs) and shape-memory alloys (SMAs) were selected because of their physical properties that can be modulated and biocompatibility. These materials are of high strain, lightweight-composition, and reversible, which are best suitable to compliant robotic systems. Silicone-based elastomers containing conductive nanoparticles were used as an experimental fabrication to create sensory feedback. The samples were also subjected to thermal and electrical conditioning in order to measure the responsiveness, elasticity and fatigue breakdown. These materials were subsequently assembled into modular robot prototypes which involved soft actuators, embedded strain sensors and micro fluidic channels, which were pneumatically controlled. This bi-material assembly was a basis of adaptive morphologies to environmental and computation stimuli.

The second step of the approach was dedicated to AI-based control architecture and adaptive learning models. To obtain real-time adaptability, a hybridized control system of the model-based and model-free learning was applied. Reinforcement learning algorithms were trained to maximize actuation strategies using the feedback of embedded sensors and deep neural networks were used to model nonlinear dynamics of the soft materials. The AI controller worked on the policy-gradient methodology to acquire the best patterns of deformation to minimize energy usage and maximize task performance. The training was done in a high-fidelity physics simulation setup simulating mechanical and sensory interactions of finite element modeling (FEM) data. Experiments in the real world were used to validate the simulation results, with domain randomization being used to fine-tune AI parameters to be transferable between a virtual and a physical platform. This two-level implementation, i.e. simulation-based learning and then tuning by means of empirical methods, allowed the system to demonstrably adapt and generalize to different operating conditions

The third aspect that constituted the methodology was the development of an adaptive sensory network that could integrate real-time perception and feedback. It was integrated with stretchable piezoresistive sensors and optical fibers in order to measure

strain, pressure and curvature. The data offered by these sensors preprocessing was done through AI-based sensor fusion algorithms and integrating information offered by several sources at a uniform environmental perception. The fusion layer also used the Kalman filtering combined with the convolutional neural networks (CNNs) to enhance the spatial awareness and the tactile sensitivity. Through this sensor-based intelligence, the robot was also capable of sensing the contact forces, object texture and external perturbation and the AI controller was also dynamic in response to the actuation parameters. Another approach used was the predictive control of sensor data by using recurrent neural networks (RNNs) to predict time trends in sensor data. It was an already closed looping system of perception and actuation, which was significant in the encouragement of liquid and natural movement which is particular to a biological entity.

The fourth methodological was concerned with the benchmarking and the assessment of the performances of the experiment.. The prototypes were put in testing under different environmental conditions such as structured and unstructured terrain to test the adaptability, stability and responsiveness of the prototypical models. Quantitative measurements were done on such metrics as actuation latency, deformation accuracy, and energy efficiency. Relative experiments on AI-based and manually programmed soft robots showed a high degree of enhanced accuracy, learning, and recovery of failures in the AI-controlled models. Furthermore, the environmental sensitivity was measured with the introduction of random impediments and variable loads. The responses of the robot were captured and measured with high speed cameras and force sensors. The analysis performed with data showed that reinforcement learning improved the performance of tasks remarkably and decreased the volume of materials by up to 25%. These results confirmed the hypothesis that the implementation of AI does not only increase the performance level but also extend the lifespan of materials with the help of optimized control strategies.

The last step of the methodology was devoted to the system validation, the reproducibility, and the ethical evaluation. All AI algorithms and control architectures were written in open-source packages like TensorFlow and PyTorch in order to make the methods transparent. Public repositories had experimental data and mechanical designs, which could be shared to achieve replicability. Multi-criteria validation framework was used to determine mechanical performance, AI strength and compliance with ethics. To avoid dangerous results, it had been implemented that human-in-the-loop supervision be installed during experimental trials so that operations could be safe. Also, lifecycle analysis (LCA), was done to assess the sustainability of the materials used. The ethical approach pointed to the necessity of responsible AI application in robotic systems with close contact with humans. This strenuous, interdisciplinary methodology approach towards the study exemplifies a reproducible model of developing intelligent robotics, which are smart, versatile, and safe, with the help of artificial intelligence.

## CONCLUSION

Artificial Intelligence (AI) is the introduction of AI to soft robotics, which is a paradigm shift in the evolution of robotics in which the intelligence and adaptability are combined into pliant and compliant formations. Soft robots are no longer confined to tasks of hard automation but are starting to be dynamic with the ability to learn autonomously and how they interact with complex environments by the implementation of intelligent materials and adaptive control systems. As it has been demonstrated in the paper, under the introduction of AI techniques such as deep reinforcing learning, neural networks, and the sensor fusion algorithms, soft robots will be capable of achieving new levels of perception, dexterity and self-control. The embodied cognition in which the intelligence is distributed on both the physical and algorithmic layers of the system is achieved by combining computational intelligence with the deformable materials. The experimental evidence demonstrates that the flexibility, stability, and ecological flexibility are significantly improved with the help of AI-enhanced control. These accomplishments have been a step in the right direction to the realization of lifelike robotic systems, which can be properly installed and safely utilized in the real world, where there are no guidelines to follow and circumstances are not predetermined.

It is also concluded that co-design between AI algorithms and intelligent materials is a key area that can be used to develop mechanical intelligence. The modeling of nonlinear dynamics using data has solved the long-standing problems of controlling deformable structures, and adaptive learning structures have given the capability of continuous improvement. The ability of AI to do real-time feedback analysis enables the soft robots to make predictive adjustments to ensure that they remain stable during use even in cases where there is a stress or deformation of the material. Additionally, smart materials like electroactive polymers and shape-memory alloys can be used as actuators and sensors and can enable an inherent feedback mechanism, which increases robotic responsiveness. All these results verify the possibility of designing autonomous and adaptive soft robots that will be able to bridge the gap between artificial and biological intelligence. It is a synthesis of perception and reasoning mediated by AI which opens the door to new varieties of robotic intelligence that naturally develop within their ecologies of operation.

## SUMMARY

This research paper has discussed the new field of AI-based soft robotics with a focus on the intelligent materials and adaptive control structure. The combination of artificially intelligent and soft materials changes the character of robotics by establishing systems that adapt, learn and act instinctively towards their surroundings. In the introduction, the conceptual background of the AI-based soft robotics was introduced and its shift toward the non-rigid and non-biological principles of design was mentioned. The literature review discussed the current research on intelligent materials, application of deep learning, reinforcement learning-based control, and embodied intelligence. It has shown the ways in which developments in material science and AI have both facilitated such self-organizing, self-repairing and context-aware robots. The methods and materials section described the experimental design that was applied in the synthesis of adaptive materials, sensory networks implementation, and the creation of

hybrid AI control systems that could mimic cognitive reactions. All these facts evidence the strength of bringing computational intelligence into material structure of robotics.

The study also adds to the further insight of how soft robotics may be developed further than automation into an autonomous cognition. The synthesis of the data of simulation and real-world experimentation made by the study confirmed that AI can substantially increase the control accuracy, energy efficiency, and system resilience. When dynamic modeling is combined using neural networks and the decision-making uses the reinforcement learning, there is synergistic loop between perception and actuation. Additionally, the ethical and sustainability evaluation is included, so that the company can guarantee that the future advancements in soft robotics should remain in line with societal values and eco responsibility. Not only do the findings reinforce the scientific foundation of intelligent robots design, but also create new opportunities to apply it in medicine, manufacturing, exploration and assistive technology. Finally, this paper confirms the fact that AI-enhanced soft robotics is the future of adaptive, intelligent, and ethically responsible robotic systems.

## RECOMMENDATIONS

Following the results and discussion contained in this study, there are a number of recommendations that can be made to promote the area of AI-based soft robotics. To begin with, studies in the future must focus on improving multi-functional intelligent materials in the form of a single substrate that combines sensing, actuation and computation. These materials would make the systems less complex and responsive. Researchers of AI should collaborate with material scientists in order to meet this objective. Second, real-time reinforcement learning algorithms are required to be optimized to work in energy-constrained settings. The combination of edge computing and neuromorphic architectures has the potential of reducing the latency and computation requirements, making embedded systems adapt faster. Third, it is important to increase the datasets on soft robot learning. The sensory, actuation, and behavioral data will be open-source and therefore will allow cross-disciplinary innovation and enhances the rate at which AI models can be generalized to other systems.

In addition to that, researchers should emphasise ethical and regulatory frameworks that the application of AI-driven soft robots should adhere to, in particular to human relationships. The fact that clear AI decision-making systems with clear outputs are developed will be vital to enable safety, trust, and accountability. Moreover, the inclusion of bioinspired learning, such as evolutionary computation, adaptive morphogenesis, etc, will be capable of enhancing autonomy and resilience of soft robots. Finally, sustainability principle also should be maintained in the selection of materials and energy utilization. Intelligent materials that are environmentally degradable or recyclable should be considered in order to reduce ecological effects. With these pieces of advice, it is possible to move the field forward to the development of intelligent, ethical, and sustainable robotic systems that can transform industries and enhance the quality of life worldwide.

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